



Living well with dementia

Babs Harris

CEO, Alzheimer's Support

David
Trowbridge
/BoA



Kirsty
North



David
South



Tina
East Wilts



Claire
Trowbridge



tba
South East



Dementia

Adviser Service

10 Advisers (plus support) in strategic locations throughout Wiltshire

- Attached to GP surgeries and local hospitals
- Advice and support where and when you need it, throughout the dementia journey
- 2500 people in contact

Fanny
East
Wilts



Rose
South
West



Tara
West Wilts



Carol
North West





Day Clubs

Mill Street – Trowbridge
11 people, 5 days

Sidmouth Street – Devizes
8 people, 4 days

Old Silk Works – Warminster
13 people, 4 days

Multiple job & volunteering opportunities, excellent training program



Activities in the community

Memory Cafes

- Melksham
- Westbury
- East Grafton
- Malmesbury
- Chippenham
- Mildenhall
- Salisbury
- Amesbury
- Mere



Visited by over 200 people with dementia and their family carers

Point of contact for advice and support

Fun social occasion

Expert talks, performances from local groups

Great volunteering opportunities!

From setting up, preparing afternoon tea or supper to 'mingling' and chatting to some great people!

Activities in the community

Music for the Mind

- Trowbridge
- Westbury
- Lockeridge
- Bradford on Avon
- Seend
- Corsham
- Mere
- Malmesbury
- Chippenham
- Salisbury
- Amesbury
- Mildenhall



Visited by over 360 people with dementia and their family carers

Physical benefits as well as social

Reminiscence value

Point of contact for advice and support

***Great job and volunteering opportunities!
A fun activity with huge benefits for all!***

Activities in the community

Movement for the Mind©

- Melksham
- Westbury
- Devizes
- Mere
- Mildenhall
- Chippenham



Visited by over 200 people with dementia and their family carers

Physical benefits as well as social

Fosters coordination skills and good circulation

Point of contact for advice and support

***Great job and volunteering opportunities!
A fun activity with huge benefits for all!***

Activities in the community

Art Groups

- Holt
- Pewsey
- Lyneham
- Warminster



Visited by 50 people with dementia and their family carers

Huge social value

Boosts self esteem and confidence

Point of contact for advice and support

£3 to attend (£5 per 'couple')

***Great job and volunteering opportunities!
Focussed activities with opportunities to shine!***

Activities in the community

Muddy Boots – outdoor activities

- Salisbury
- Warminster
- Rowde (temporary)
- John Coles Park Chippenham
- Long Barn, Stanton St Quintin 2020
- Holt Equine Assisted Learning



Wiltshire Equine Assisted Learning



Plus 4 Garden Café groups (North, West, South) for more “sedentary” enjoyment

Visited by 40 people with dementia and their family carers

Safe outdoor and indoor activities

Engagement with nature and wildlife

Point of contact for advice and support

***Great job and volunteering opportunities!
All-weather activities for nature lovers.***

Home Support Service

- 1-2-1 stimulating activities and outings
- Carefully matched support workers
- Minimally 1hrs, generally 2hrs, once or twice per week
- 3000 hrs delivered across Wiltshire every month
- Flexible job roles, hours to suit, travel time & mileage
- Extensive & portable training (Care Certificate)



...spreading the word:

- Biennial Dementia Social Care Conference



- Annual Gala Dinner for people with dementia and their families

- Dementia Roadmap for Wiltshire



- “The Big Jam” supporting BBC Music Day 2019








The Big Jam!

It's not a concert...

Calling all musicians! We need you to join our musical mash-up on 26th September as part of BBC Music Day.

-  We are looking for music makers of all ages, genres and traditions to join in our jamming spectacular.
-  Share your music with others and learn something new in an uplifting evening hosted by people living with dementia.
-  The event finale will be broadcast on BBC Wiltshire as part of the BBC's Music Day coverage.

Find out how you can get involved at www.alzheimerswiltshire.org.uk or call 01225 776481



Devizes Corn Exchange
Thursday 26th September
5pm - 7.30pm





Contact: babsh@alzheimerswiltshire.org.uk